

# Convergence rate of gradient descent algorithm on $\beta$ -smooth $\alpha$ -strongly convex function

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# Overview

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# Convex, $\beta$ -smooth and $\alpha$ -strongly convex function

A function  $f(x)$  is  $\beta$ -**smooth** if for any two points  $x, y \in \text{dom } f$ :

- $\|\nabla f(x) - \nabla f(y)\| \leq \frac{\beta}{2}\|x - y\|$
- $f(y) \leq f(x) + \nabla f(x)^T(y - x) + \frac{\beta}{2}\|x - y\|_2^2$

A function  $f(x)$  is **convex** if  $\text{dom } f$  is convex and for all  $x, y \in \text{dom } f$ :

- $f(\lambda x + (1 - \lambda)y) \leq \lambda f(x) + (1 - \lambda)f(y)$
- $(x - y)^T(\nabla f(x) - \nabla f(y)) \geq 0$
- $f(y) \geq f(x) + \nabla f(x)^T(y - x)$

A function  $f(x)$  is  $\alpha$ -**strongly** if  $\text{dom } f$  is convex and for all  $x, y \in \text{dom } f$ :

- $f(\lambda x + (1 - \lambda)y) \leq \lambda f(x) + (1 - \lambda)f(y) - \frac{\alpha}{2}\lambda(1 - \lambda)\|x - y\|_2^2$
- $(x - y)^T(\nabla f(x) - \nabla f(y)) \geq \alpha\|x - y\|_2^2$
- $f(y) \geq f(x) + \nabla f(x)^T(y - x) + \frac{\alpha}{2}\|x - y\|_2^2$
- $f(x) - \frac{\alpha}{2}\|x\|_2^2$  is convex

For details : [see here](#).

# Monotonicity of gradient of $\alpha$ -strongly convex $\beta$ -smooth function

**Theorem 1.** If a function  $f$  is  $\alpha$ -strongly convex and  $\beta$ -smooth, then for any two points  $x, y \in \text{dom} f$ ,

$$(\nabla f(x) - \nabla f(y))^T (x - y) \geq \frac{\alpha\beta}{\alpha + \beta} \|x - y\|_2^2 + \frac{1}{\alpha + \beta} \|\nabla f(x) - \nabla f(y)\|_2^2$$

For details : [see here](#).

# Convergence rate of gradient descent algorithm for $\beta$ -smooth $\alpha$ -strongly convex function

**Theorem 1.** If  $f$  is  $\beta$ -smooth and  $\alpha$ -strongly convex, GD algorithm  $x_{k+1} = x_k - t_k \nabla f(x_k)$  with step sizes  $t_k \leq \frac{2}{\alpha + \beta}$  satisfies

$$f(x_k) - f^* \leq \frac{\beta}{2} \prod_{i=0}^{k-1} \left( 1 - 2t_i \frac{\alpha\beta}{\alpha + \beta} \right) \|x_0 - x^*\|_2^2$$

Proof:  $f$  is  $\beta$ -smooth so  $f(x_k) - f^* \leq \nabla f(x^*)(x_k - x^*) + \frac{\beta}{2} \|x_k - x^*\|_2^2$ .  
By 1st-order optimality condition  $\nabla f(x^*) = 0$ , so

$$f(x_k) - f^* \leq \frac{\beta}{2} \|x_k - x^*\|_2^2 \quad (*)$$

Apply the GD update formula  $x_k = x_{k-1} - t_{k-1} \nabla f(x_{k-1})$

$$\begin{aligned} \|x_k - x^*\|_2^2 &= \|x_{k-1} - t_{k-1} \nabla f(x_{k-1}) - x^*\|_2^2 \\ &= \|(x_{k-1} - x^*) - t_{k-1} \nabla f(x_{k-1})\|_2^2 \\ &= \|x_{k-1} - x^*\|_2^2 - 2t_{k-1} \nabla f(x_{k-1})^T (x_{k-1} - x^*) + t_{k-1}^2 \|\nabla f(x_{k-1})\|_2^2 \quad (1) \end{aligned}$$

$f$  is  $\beta$ -smooth and  $\alpha$ -strongly convex, by theorem 1,  $\forall x, y \in \text{dom} f$  :

$$(\nabla f(x) - \nabla f(y))^T (x - y) \geq \frac{\alpha\beta}{\alpha + \beta} \|x - y\|_2^2 + \frac{1}{\alpha + \beta} \|\nabla f(x) - \nabla f(y)\|_2^2$$

Put  $x = x_{k-1}$  and  $y = x^*$  with  $\nabla f(x^*) = 0$

$$\nabla f(x_{k-1})^T (x_{k-1} - x^*) \geq \frac{\alpha\beta}{\alpha + \beta} \|x_{k-1} - x^*\|_2^2 + \frac{1}{\alpha + \beta} \|\nabla f(x_{k-1})\|_2^2$$

Thus

$$-\nabla f(x_{k-1})^T (x_{k-1} - x^*) \leq -\frac{\alpha\beta}{\alpha + \beta} \|x_{k-1} - x^*\|_2^2 - \frac{1}{\alpha + \beta} \|\nabla f(x_{k-1})\|_2^2$$

$$-2t_{k-1} \nabla f(x_{k-1})^T (x_{k-1} - x^*) \leq 2t_{k-1} \left[ \frac{\alpha\beta}{\alpha + \beta} \|x_{k-1} - x^*\|_2^2 - \frac{1}{\alpha + \beta} \|\nabla f(x_{k-1})\|_2^2 \right]$$

(1) becomes

$$\begin{aligned} \|x_k - x^*\|_2^2 &\leq \|x_{k-1} - x^*\|_2^2 - 2t_{k-1} \nabla f(x_{k-1})^T (x_{k-1} - x^*) + t_{k-1}^2 \|\nabla f(x_{k-1})\|_2^2 \\ &\leq \left[ 1 - 2t_{k-1} \frac{\alpha\beta}{\alpha + \beta} \right] \|x_{k-1} - x^*\|_2^2 + \left[ t_{k-1}^2 - \frac{2t_{k-1}}{\alpha + \beta} \right] \|\nabla f(x_{k-1})\|_2^2 \end{aligned}$$

As  $t_k \leq \frac{2}{\alpha + \beta} \forall k$  so  $t_{k-1}^2 - \frac{2t_{k-1}}{\alpha + \beta} = t_{k-1} \left( t_{k-1} - \frac{2}{\alpha + \beta} \right) \leq 0$  and

$$\left[ t_{k-1}^2 - \frac{2t_{k-1}}{\alpha + \beta} \right] \|\nabla f(x_{k-1})\|_2^2 \leq 0$$

or equivalently

$$0 \leq - \left[ t_{k-1}^2 - \frac{2t_{k-1}}{\alpha + \beta} \right] \|\nabla f(x_{k-1})\|_2^2$$

Add this to

$$\|x_k - x^*\|_2^2 \leq \left[ 1 - 2t_{k-1} \frac{\alpha\beta}{\alpha + \beta} \right] \|x_{k-1} - x^*\|_2^2 + \left[ t_{k-1}^2 - \frac{2t_{k-1}}{\alpha + \beta} \right] \|\nabla f(x_{k-1})\|_2^2$$

gives

$$\|x_k - x^*\|_2^2 \leq \left[ 1 - 2t_{k-1} \frac{\alpha\beta}{\alpha + \beta} \right] \|x_{k-1} - x^*\|_2^2$$

$$\begin{aligned}
\|x_k - x^*\|_2^2 &\leq \left[1 - 2t_{k-1} \frac{\alpha\beta}{\alpha + \beta}\right] \|x_{k-1} - x^*\|_2^2 \\
&\leq \left[1 - 2t_{k-1} \frac{\alpha\beta}{\alpha + \beta}\right] \left[1 - 2t_{k-2} \frac{\alpha\beta}{\alpha + \beta}\right] \|x_{k-2} - x^*\|_2^2 \\
&\leq \vdots \\
&\leq \prod_{i=0}^{k-1} \left[1 - 2t_i \frac{\alpha\beta}{\alpha + \beta}\right] \|x_0 - x^*\|_2^2
\end{aligned}$$

Put this back to (\*) in the beginning

$$f(x_k) - f(x^*) \leq \frac{\beta}{2} \prod_{i=0}^{k-1} \left[1 - 2t_i \frac{\alpha\beta}{\alpha + \beta}\right] \|x_0 - x^*\|_2^2 \quad \square$$

Note. The requirement on step sizes is  $t_k \leq \frac{2}{\alpha + \beta}$ , hence the theorem holds for any step size sequence fulfilling this condition.

# Convergence rate of GD for $\beta$ -smooth $\alpha$ -strongly convex function with constant step size

**Theorem 2.** If  $f$  is  $\beta$ -smooth and  $\alpha$ -strongly convex, GD algorithm  $x_{k+1} = x_k - t_k \nabla f(x_k)$  with constant step size  $t_k = \frac{2}{\alpha + \beta}$  satisfies

$$f(x_k) - f^* \leq \frac{\beta}{2} \left( \frac{Q - 1}{Q + 1} \right)^{2k} \|x_0 - x^*\|_2^2$$

where  $Q = \frac{\beta}{\alpha} \geq 1$  is the *conditional number*

Proof : Consider theorem 1 with  $t_k = t$  for all  $k$ ,

$$f(x_k) - f^* \leq \frac{\beta}{2} \left[ 1 - 2t \frac{\alpha\beta}{\alpha + \beta} \right]^k \|x_0 - x^*\|_2^2$$

Put  $t = \frac{2}{\alpha + \beta}$  and consider the bracket

$$\begin{aligned} 1 - 2t \frac{\alpha\beta}{\alpha + \beta} &= 1 - \frac{4\alpha\beta}{(\alpha + \beta)^2} = \frac{(\alpha + \beta)^2}{(\alpha + \beta)^2} - \frac{4\alpha\beta}{(\alpha + \beta)^2} = \frac{\alpha^2 - 2\alpha\beta + \beta^2}{(\alpha + \beta)^2} \\ &= \left[ \frac{\alpha - \beta}{\alpha + \beta} \right]^2 = \left[ \frac{Q - 1}{Q + 1} \right]^2 \quad \square \end{aligned}$$

# Convergence rate of GD for $\beta$ -smooth $\alpha$ -strongly convex function with constant step size with $\beta \gg \alpha$

**Theorem 3.** If  $f$  is  $\beta$ -smooth and  $\alpha$ -strongly convex, and  $\beta \gg \alpha$  (so  $Q = \frac{\beta}{\alpha} \gg 1$ ), GD with constant step size  $t_k = \frac{2}{\alpha + \beta}$  satisfies

$$f(x_k) - f^* \leq \frac{\beta}{2} \exp\left(-\frac{4k}{Q+1}\right) \|x_0 - x^*\|_2^2$$

Proof: from theorem 2, we have

$$f(x_k) - f^* \leq \frac{\beta}{2} \left(\frac{Q-1}{Q+1}\right)^{2k} \|x_0 - x^*\|_2^2$$

Now  $\frac{Q-1}{Q+1} = \frac{Q+1-2}{Q+1} = 1 - \frac{2}{Q+1}$ . As  $\beta \gg \alpha \implies Q \gg 1 \implies \frac{2}{Q+1}$  very small  $\implies 1 - \frac{2}{Q+1} \leq \exp\left(-\frac{2}{Q+1}\right)$  ( $1 - x \leq e^{-x}$  for small  $x$ ).

Hence consider the bracket,

$$\left(\frac{Q-1}{Q+1}\right)^{2k} \leq \exp\left(-\frac{2}{Q+1}\right)^{2k} = \exp\left(-\frac{4k}{Q+1}\right) \quad \square$$

**Theorem 1** If  $f$  is  $\beta$ -smooth  $\alpha$ -strongly convex, GD update  $x_{k+1} = x_k - t_k \nabla f(x_k)$  with  $t_k \leq \frac{2}{\alpha + \beta}$  satisfies

$$f(x_k) - f^* \leq \frac{\beta}{2} \prod_{i=0}^{k-1} \left[ 1 - 2t_i \frac{\alpha\beta}{\alpha + \beta} \right] \|x_0 - x^*\|_2^2$$

**Theorem 2** If constant step size  $t_k = \frac{2}{\alpha + \beta}$  then

$$f(x_k) - f^* \leq \frac{\beta}{2} \left( \frac{Q - 1}{Q + 1} \right)^{2k} \|x_0 - x^*\|_2^2$$

where  $Q = \frac{\beta}{\alpha} \geq 1$  is the *conditional number*

**Theorem 3** If constant step size  $t_k = \frac{2}{\alpha + \beta}$  and  $\beta \gg \alpha$  then

$$f(x_k) - f^* \leq \frac{\beta}{2} \exp \left( -\frac{4k}{Q + 1} \right) \|x_0 - x^*\|_2^2$$

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