

Sandwich theorem for β -smooth convex function

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First draft : June 6, 2017

Last update : July 27, 2019

Overview

- 1 Convex β -smooth function
- 2 Sandwich theorem for β -smooth convex function
- 3 Proving the upper bound of the theorem
- 4 Proving the lower bound of the theorem
- 5 Application - proving coercivity of gradient
- 6 Summary

Convex β -smooth function

A function $f(x)$ is convex and β -smooth if :

- (Convex) $f : \mathbb{R}^n \rightarrow \mathbb{R}$ and $\text{dom} f$ are convex
- (β -smooth) ∇f is Lipschitz continuous with Lipschitz constant β .
i.e., for any two points $a, b \in \text{dom} f$, we have a constant $\beta \in \mathbb{R}$ such that:

$$\|\nabla f(a) - \nabla f(b)\| \leq \frac{\beta}{2} \|a - b\|$$

- Using the notation from Nesterov, a convex β -smooth function f is denoted as $f \in C_{\beta}^{1,1}(\mathbb{R}^n)$

Sandwich theorem for β -smooth convex function

Theorem. If function $f \in C_{\beta}^{1,1}(\mathbb{R}^n)$, then $\forall x, y \in \mathbb{R}^n$

$$\frac{1}{2\beta} \|\nabla f(x) - \nabla f(y)\|_2^2 \leq |f(y) - f(x) - \nabla f(x)^\top (y - x)| \leq \frac{\beta}{2} \|y - x\|_2^2$$

Interpretation

- Recall $f(x) + \nabla f(x)^\top (y - x) =$ 1st-order Taylor approximation of f at x , and $f(y) - f(x) - \nabla f(x)^\top (y - x)$ is the Bregman divergence (error made by the approximation)
- The theorem means: for a convex β -smooth f , the approximation error of it's 1st-order Taylor approximation at any point is bounded above and below (i.e. such function's 1st-order Taylor approximation will not be "too bad")
- In short: "for a convex β -smooth f , the Bregman divergence is bounded"

The idea of proving upper bound 1/2

The difference between $f(y)$ and $f(x)$ can be expressed as an integral:

$$f(y) - f(x) = \int_0^1 \nabla f(x + t(y - x))^\top (y - x) dt$$

Explanation By the definition of *directional derivative*: for a scalar function $f(\mathbf{x}) = f(x_1, x_2, \dots, x_n)$, the directional derivative, along a vector $\mathbf{v} = (v_1, v_2, \dots, v_n)$, denoted as $\nabla_{\mathbf{v}} f(\mathbf{x})$ is

$$\nabla_{\mathbf{v}} f(\mathbf{x}) = \lim_{t \rightarrow 0} \frac{f(\mathbf{x} + t\mathbf{v}) - f(\mathbf{x})}{t}$$

which can be also expressed as $\nabla_{\mathbf{v}} f(\mathbf{x}) = \nabla f(\mathbf{x})^\top \mathbf{v}$, where ∇ is gradient operator. (Note. \mathbf{v} specifies the direction but not necessarily a unit vector). So the term $\nabla f(x + t(y - x))^\top (y - x)$ represents the directional derivative of f at point x along the vector $y - x$.

The idea of proving upper bound - 2/2

Note that the value of $t \in [0, 1]$ in the integral, thus the expression

$$\int_0^1 \nabla f(x + t(y - x))^\top (y - x) dt$$

means take the integral of gradient of f

- starting at point x (correspond to $t = 0$)
- integrates (moves) along the direction $y - x$
- until it reaches point y (where $t = 1$)

i.e., it moves along the close line segment $[x \ y]$.

Proving the upper bound - 1/2

Proof. Consider the integral with two new terms

$$f(y) - f(x) = \int_0^1 \left[\nabla f(x + t(y-x)) + \nabla f(x) - \nabla f(x) \right]^\top (y-x) dt$$

Take $\nabla f(x)$ out from the integral and move it to the left hand side:

$$f(y) - f(x) - \nabla f(x)^\top (y-x) = \int_0^1 \left[\nabla f(x + t(y-x)) - \nabla f(x) \right]^\top (y-x) dt$$

Take absolute value on both side

$$\begin{aligned} 0 &\leq \left| f(y) - f(x) - \nabla f(x)^\top (y-x) \right| \\ &= \left| \int_0^1 \left[\nabla f(x + t(y-x)) - \nabla f(x) \right]^\top (y-x) dt \right| \end{aligned}$$

By $|\int_a^b f(x)dx| \leq \int_a^b |f(x)|dx$ and $|ab| \leq |a||b|$ we have

$$\begin{aligned} 0 &\leq \left| f(y) - f(x) - \nabla f(x)^\top (y-x) \right| \\ &\leq \int_0^1 \|\nabla f(x + t(y-x)) - \nabla f(x)\| \cdot \|y-x\| dt \end{aligned}$$

Proving the upper bound - 2/2

f is β -smooth $\iff \|\nabla f(x + t(y - x)) - \nabla f(x)\| \leq \frac{\beta}{2} \|t(y - x)\|$, so

$$0 \leq |f(y) - f(x) - \nabla f(x)^\top (y - x)| \leq \int_0^1 \frac{\beta}{2} |t| \|y - x\|^2 dt = \frac{\beta}{2} \|y - x\|^2$$

f is convex \iff the Bregman divergence $f(y) - f(x) - \nabla f(x)^\top (y - x)$ is non-negative so absolute sign can be removed

$$0 \leq f(y) - f(x) - \nabla f(x)^\top (y - x) \leq \frac{\beta}{2} \|y - x\|_2^2 \quad \square$$

The upper bound inequality is also called the Quadratic Upper bound.

Note. If f is only β -smooth but non-convex, the lower bound cannot be guaranteed without the absolute sign.

The idea of proving the lower bound

Now consider the lower bound. i.e., for a function f that is convex and β -smooth, we have

$$\frac{1}{2\beta} \|\nabla f(y) - \nabla f(x)\| \leq f(y) - f(x) - \nabla f(x)^\top (y - x)$$

for any two points $x, y \in \text{dom} f$.

To prove this we need the following:

- For a convex f , we have $f(y) \geq f(x) + \nabla f(x)^\top (y - x)$, for any two points $x, y \in \text{dom} f$
- For a convex and β -smooth f , we have $f(y) - f(x) - \nabla f(x)^\top (y - x) \leq \frac{\beta}{2} \|y - x\|_2^2$ (the quadratic upper bound we just derived)

Proving the lower bound - 1/2

$$\begin{aligned} f(y) - f(x) &= f(z) - f(x) - [f(z) - f(y)] \\ &\stackrel{(1,2)}{\geq} \nabla f(x)^\top (z - x) - \left[\nabla f(y)^\top (z - y) + \frac{\beta}{2} \|z - y\|_2^2 \right] \\ &= \nabla f(x)^\top (z - x) - \nabla f(y)^\top (z - y) - \frac{\beta}{2} \|z - y\|_2^2 \\ &\stackrel{(3)}{=} \nabla f(x)^\top (y - x + z - y) - \nabla f(y)^\top (z - y) - \frac{\beta}{2} \|z - y\|_2^2 \\ &= \nabla f(x)^\top (y - x) + (\nabla f(x) - \nabla f(y))^\top (z - y) - \frac{\beta}{2} \|z - y\|_2^2 \end{aligned}$$

(1) f is convex $f(z) \geq f(x) + \nabla f(x)^\top (z - x)$

(2) Quadratic upper bound inequality

(3) just a trick

Rearrange the last inequality we get

$$(\nabla f(x) - \nabla f(y))^\top (z - y) - \frac{\beta}{2} \|z - y\|_2^2 \leq f(y) - f(x) - \nabla f(x)^\top (y - x)$$

Proving the lower bound - 2/2

The next step is very tricky: pick z as $z = y - \frac{1}{\beta}(\nabla f(y) - \nabla f(x))$
we have

$$z - y = -\frac{1}{\beta}(\nabla f(y) - \nabla f(x))$$

$$(\nabla f(x) - \nabla f(y))^{\top}(z - y) = \frac{1}{\beta}\|\nabla f(x) - \nabla f(y)\|_2^2$$

$$-\frac{\beta}{2}\|z - y\|_2^2 = -\frac{1}{2\beta}\|\nabla f(x) - \nabla f(y)\|_2^2$$

$$(\nabla f(x) - \nabla f(y))^{\top}(z - y) - \frac{\beta}{2}\|z - y\|_2^2 = \frac{1}{2\beta}\|\nabla f(x) - \nabla f(y)\|_2^2$$

Thus

$$\frac{1}{2\beta}\|\nabla f(x) - \nabla f(y)\|_2^2 \leq f(y) - f(x) - \nabla f(x)^{\top}(y - x)$$

An application - Proving Coercivity of gradient

Consider the lower bound of the theorem on x, y and y, x

$$\frac{1}{2\beta} \|\nabla f(x) - \nabla f(y)\|^2 \leq f(y) - f(x) - \nabla f(x)^\top (y - x)$$

$$\frac{1}{2\beta} \|\nabla f(y) - \nabla f(x)\|^2 \leq f(x) - f(y) - \nabla f(y)^\top (x - y)$$

Sum them up

$$\frac{1}{\beta} \|\nabla f(y) - \nabla f(x)\|^2 \leq (\nabla f(y) - \nabla f(x))^\top (y - x)$$

this inequality is called coercivity of gradient.

Remark: apply Cauchy-Schwarz inequality $|ab| \leq |a||b|$ on coercivity gives the Lipschitz continuity of ∇f : $\|\nabla f(y) - \nabla f(x)\| \leq \beta \|y - x\|$.

So f is β -smooth $\iff \nabla f$ is Lipschitz continuous $\iff \nabla f$ is coercive.

Last page - summary

1. For a β -smooth f , for any two points $x, y \in \text{dom} f$, we have

$$0 \leq |f(y) - f(x) - \nabla f(x)^\top (y - x)| \leq \frac{\beta}{2} \|y - x\|_2^2$$

2. Sandwich theorem for β -smooth convex function. For a convex and β -smooth function f , for any two points $x, y \in \text{dom} f$, we have

$$\frac{1}{2\beta} \|\nabla f(x) - \nabla f(y)\|_2^2 \leq f(y) - f(x) - \nabla f(x)^\top (y - x) \leq \frac{\beta}{2} \|y - x\|_2^2$$

Intpretation: the error of first order Taylor approximation is bounded.

3. Application: proving Coercivity of gradient

$$\frac{1}{\beta} \|\nabla f(y) - \nabla f(x)\|^2 \leq (\nabla f(y) - \nabla f(x))^\top (y - x)$$

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