

Convergence of FISTA

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First draft : December 21, 2019

Last update : January 21, 2020

Problem set up

$$(\mathcal{P}) : \min_{\mathbf{x}} F(\mathbf{x}) = f(\mathbf{x}) + g(\mathbf{x})$$

where

- $f : \mathbb{R}^n \rightarrow \mathbb{R}$ smooth convex
- $g : \mathbb{R}^n \rightarrow \mathbb{R}$ convex (possibly non-smooth)
- (\mathcal{P}) is assumed solvable : the solution set $\mathcal{X}^* = \arg \min_{\mathbf{x}} F(\mathbf{x}) \neq \emptyset$
- Notation : $\mathbf{x}^* \in \mathcal{X}^*$ and $F^* = F(\mathbf{x}^*)$

See [here](#) for details on solving this problem using ISTA.

This document : convergence of FISTA (an accelerated ISTA)

Note : the proofs are just purely algebraic tricks, nothing special and not inspiring

FISTA solve (\mathcal{P}) by iterating the following 3 steps

$$\mathbf{x}_k = p_L(\mathbf{y}_k) \quad (1)$$

$$t_{k+1} = \frac{1 + \sqrt{1 + 4t_k^2}}{2} \quad (2)$$

$$\mathbf{y}_{k+1} = \mathbf{x}_k + \frac{t_k - 1}{t_{k+1}}(\mathbf{x}_k - \mathbf{x}_{k-1}) \quad (3)$$

Remarks

- Initialization : $\mathbf{x}_0 \in \mathbb{R}^n, \mathbf{y}_1 = \mathbf{x}_0, t_1 = 1, L \geq L_f$ (assume known)
- FISTA is a kind of Nesterov-type acceleration applied on ISTA
- FISTA belongs to the accelerated proximal gradient algorithm

- Local quadratic over-estimator

$$Q(\mathbf{x}; \mathbf{y}) = f(\mathbf{y}) + \langle \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|_2^2 + g(\mathbf{x}), \quad L \geq L_f$$

- Update operator

$$p_L(\mathbf{y}) = \arg \min_{\mathbf{x}} \left\{ \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{y} - \frac{1}{L} \nabla f(\mathbf{y}) \right) \right\|_2^2 + g(\mathbf{x}) \right\}, \quad L \geq L_f$$

- Lemma associated to the update operator

For all \mathbf{y} , $L \geq L_f > 0$ s.t. $F(p_L(\mathbf{y})) \leq Q(p_L(\mathbf{y}); \mathbf{y})$, then for all \mathbf{x}

$$F(\mathbf{x}) - F(p_L(\mathbf{y})) \geq \frac{L}{2} \|p_L(\mathbf{y}) - \mathbf{y}\|_2^2 + L \langle \mathbf{y} - \mathbf{x}, p_L(\mathbf{y}) - \mathbf{y} \rangle. \quad (4)$$

See [here](#) for details and proof.

Special Pythagoras Theorem

- A key theorem to be used in the analysis
- Scalar case

$$(b - a)^2 + 2(a - c)(b - a) = (b - c)^2 - (a - c)^2$$

- Vector case

$$\|\mathbf{b} - \mathbf{a}\|_2^2 + 2\langle \mathbf{a} - \mathbf{c}, \mathbf{b} - \mathbf{a} \rangle = \|\mathbf{b} - \mathbf{c}\|_2^2 - \|\mathbf{a} - \mathbf{c}\|_2^2 \quad (5)$$

Key lemma of FISTA

The sequence $\{\mathbf{x}_k, \mathbf{y}_k\}$ produced by FISTA with constant stepsize satisfies

$$\frac{2}{L}(t_k^2 v_k - t_{k+1}^2 v_{k+1}) \geq \|\mathbf{u}_{k+1}\|_2^2 - \|\mathbf{u}_k\|_2^2, \quad \forall k$$

where $v_k := F(\mathbf{x}_k) - F^*$, $\mathbf{u}_k := t_k \mathbf{x}_k - (t_k - 1)\mathbf{x}_{k-1} - \mathbf{x}^*$

Proof. Put $\mathbf{x} = \mathbf{x}_k, \mathbf{y} = \mathbf{y}_{k+1}$ (and $p_L(\mathbf{y}_{k+1}) \stackrel{(1)}{=} \mathbf{x}_{k+1}$) in lemma (4) gives

$$F(\mathbf{x}_k) - F(\mathbf{x}_{k+1}) \geq \frac{L}{2} \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + L \langle \mathbf{y}_{k+1} - \mathbf{x}_k, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle. \quad (6)$$

Put $\mathbf{x} = \mathbf{x}^*, \mathbf{y} = \mathbf{y}_{k+1}$ (and $p_L(\mathbf{y}_{k+1}) \stackrel{(1)}{=} \mathbf{x}_{k+1}$) in lemma (4) gives

$$F^* - F(\mathbf{x}_{k+1}) \geq \frac{L}{2} \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + L \langle \mathbf{y}_{k+1} - \mathbf{x}^*, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle. \quad (7)$$

Key lemma of FISTA

Re-arrange (6) and (7)

$$\frac{2}{L} \left(F(\mathbf{x}_k) - F(\mathbf{x}_{k+1}) \right) \geq \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + 2 \langle \mathbf{y}_{k+1} - \mathbf{x}_k, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle.$$

$$\frac{2}{L} \left(F^* - F(\mathbf{x}_{k+1}) \right) \geq \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + 2 \langle \mathbf{y}_{k+1} - \mathbf{x}^*, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle.$$

By $v_k = F(\mathbf{x}_k) - F^*$

$$\frac{2}{L} (v_k - v_{k+1}) \geq \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + 2 \langle \mathbf{y}_{k+1} - \mathbf{x}_k, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle. \quad (8)$$

$$-\frac{2}{L} v_{k+1} \geq \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + 2 \langle \mathbf{y}_{k+1} - \mathbf{x}^*, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle. \quad (9)$$

Tricky step : $(t_{k+1} - 1)(8) + (9)$ gives

$$\frac{2}{L} \left((t_{k+1} - 1)v_k - t_{k+1}v_{k+1} \right) \geq t_{k+1} \|\mathbf{x}_{k+1} - \mathbf{y}_{k+1}\|_2^2 + 2 \langle t_{k+1}\mathbf{y}_{k+1} - \mathbf{x}^* - (t_{k+1} - 1)\mathbf{x}_k, \mathbf{x}_{k+1} - \mathbf{y}_{k+1} \rangle$$

Key lemma of FISTA

Tricky step 1 : multiply t_{k+1} to previous inequality, and apply $t_k^2 \stackrel{(2)}{=} t_{k+1}^2 - t_{k+1}$

$$\frac{2}{L} \left(t_k^2 v_k - t_{k+1}^2 v_{k+1} \right) \geq +2 \langle t_{k+1} \mathbf{y}_{k+1} - \mathbf{x}^* - (t_{k+1} - 1) \mathbf{x}_k, t_{k+1} \mathbf{x}_{k+1} - t_{k+1} \mathbf{y}_{k+1} \rangle + \underbrace{\|t_{k+1} \mathbf{x}_{k+1} - t_{k+1} \mathbf{y}_{k+1}\|_2^2}_{\| \mathbf{u}_{k+1} \|_2^2}$$

Tricky step 2 : let $\mathbf{a} = t_{k+1} \mathbf{y}_{k+1}$, $\mathbf{b} = t_{k+1} \mathbf{x}_{k+1}$, $\mathbf{c} = (t_{k+1} - 1) \mathbf{x}_k + \mathbf{x}^*$

$$\frac{2}{L} \left(t_k^2 v_k - t_{k+1}^2 v_{k+1} \right) \geq \|\mathbf{b} - \mathbf{a}\|_2^2 + 2 \langle \mathbf{a} - \mathbf{c}, \mathbf{b} - \mathbf{a} \rangle \stackrel{(5)}{=} \|\mathbf{b} - \mathbf{c}\|_2^2 - \|\mathbf{a} - \mathbf{c}\|_2^2.$$

By (3) and by definition $\mathbf{u}_k = t_k \mathbf{x}_k - (t_k - 1) \mathbf{x}_{k-1} - \mathbf{x}^*$

$$\begin{aligned} \mathbf{a} &= t_{k+1} \mathbf{y}_{k+1} \stackrel{(3)}{=} t_{k+1} \mathbf{x}_k + (t_k - 1) (\mathbf{x}_k - \mathbf{x}_{k-1}) \\ \mathbf{u}_k &= t_k \mathbf{x}_k - (t_k - 1) \mathbf{x}_{k-1} - \mathbf{x}^* \end{aligned}$$

we have

$$\frac{2}{L} \left(t_k^2 v_k - t_{k+1}^2 v_{k+1} \right) \geq - \underbrace{\|t_{k+1} \mathbf{x}_k + (t_k - 1) (\mathbf{x}_k - \mathbf{x}_{k-1}) - (t_{k+1} - 1) \mathbf{x}_k - \mathbf{x}^*\|_2^2}_{\|\mathbf{u}_k\|_2^2} + \underbrace{\|t_{k+1} \mathbf{x}_{k+1} - (t_{k+1} - 1) \mathbf{x}_k - \mathbf{x}^*\|_2^2}_{\|\mathbf{u}_{k+1}\|_2^2} \quad \square$$

Convergence rate of FISTA

Theorem. Convergence of FISTA

The sequence $\{\mathbf{x}, \mathbf{y}_k\}$ generated by FISTA with constant stepsize fulfill

$$F(\mathbf{x}_k) - F^* \leq \frac{2LR_0^2}{(k+1)^2} \quad \forall k$$

where $R_0 = \|\mathbf{x}_0 - \mathbf{x}^*\|_2$

To prove this, we need the key lemma and

- Lemma 1. Let $\{a_k, b_k\}$ be positive sequence that $a_1 + b_1 \leq c, c > 0$ and $a_k - a_{k+1} \geq b_{k+1} - b_k \quad \forall k$. Then $a_k \leq c$ for all k
- Lemma 2. t_k generated by FISTA with $t_1 = 1$ satisfies $t_k \geq \frac{k+1}{2}$ for all k .

Note that by the definition of v_k , the theorem can be expressed as

$$v_k \leq \frac{2LR_0^2}{(k+1)^2}$$

Convergence rate of FISTA

Proof. Key lemma :

$$\frac{2}{L}(t_k^2 v_k - t_{k+1}^2 v_{k+1}) \geq \|\mathbf{u}_{k+1}\|_2^2 - \|\mathbf{u}_k\|_2^2, \quad \forall k.$$

Let $a_k := \frac{2}{L}t_k^2 v_k$, $b_k := \|\mathbf{u}_k\|_2^2$, $c := \|\mathbf{y}_1 - \mathbf{x}^*\|_2^2 = \|\mathbf{x}_0 - \mathbf{x}^*\|_2^2 = R_0^2$, then

$$a_k - a_{k+1} \leq b_{k+1} - b_k,$$

by Lemma 1, assuming $a_1 + b_1 \leq c$ then $a_k = \frac{2}{L}t_k^2 v_k \leq R_0^2 = c$:

$$F(\mathbf{x}_k) - F^* = v_k \leq \frac{LR_0^2}{2t_k^2}$$

Apply lemma 2 $t_k \geq \frac{k+1}{2} \implies \frac{1}{t_k} \leq \frac{2}{k+1} \implies \frac{1}{t_k^2} \leq \frac{4}{(k+1)^2}$

$$F(\mathbf{x}_k) - F^* \leq \frac{2LR_0^2}{(k+1)^2}. \quad \square$$

The proof is really this short. However it is really not easy to come up with the lemmas and the structure of the proof.

To show $a_1 + b_1 \leq c$

$$\begin{aligned}a_1 &= \frac{2}{L} t_1^2 v_1 = \frac{2}{L} v_1, \\b_1 &= \|\mathbf{u}_1\|_2^2 = \|\mathbf{x}_1 - \mathbf{x}^*\|_2^2, \\c &= \|\mathbf{x}_0 - \mathbf{x}^*\|_2^2 = R_0^2\end{aligned}$$

Apply Lemma (4) with $\mathbf{x} = \mathbf{x}^*$, $\mathbf{y} = \mathbf{y}_1$, $p_L(\mathbf{y}_1) = \mathbf{x}_1$

$$F^* - F(\mathbf{x}_1) \geq \frac{L}{2} \|\mathbf{x}_1 - \mathbf{y}_1\|_2^2 + L \langle \mathbf{y}_1 - \mathbf{x}^*, \mathbf{x}_1 - \mathbf{y}_1 \rangle$$

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$$\begin{aligned}\frac{2}{L} v_1 &\geq \|\mathbf{x}_1 - \mathbf{y}_1\|_2^2 + 2 \langle \mathbf{y}_1 - \mathbf{x}^*, \mathbf{x}_1 - \mathbf{y}_1 \rangle \\ &\stackrel{(5)}{=} \|\mathbf{y}_1 - \mathbf{x}^*\|_2^2 - \|\mathbf{x}_1 - \mathbf{x}^*\|_2^2 \\ &= R_0^2 - \|\mathbf{x}_1 - \mathbf{x}^*\|_2^2\end{aligned}$$

Hence $a_1 + b_1 \leq c$.